



November

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: Graham Crackers Lunch: Spaghetti with tomato sauce & Apples Snack: Goldfish	2 AM: Cheerios Lunch: Cheese Pizza, Corn & Pineapples Snack: Pretzels
5 AM: Nilla Wafers Lunch: Grilled Cheese Sandwich, Carrots & Mixed Fruit Snack: Veggie Sticks	6 AM: Granola Bars Lunch: Thai Curry Rice, Sweet Peas & Peaches Snack: Graham Crackers	7 AM: Indian Sweets Lunch: Vegetarian Korma and Jasmine Rice Snack: Pretzels	8 AM: Toast with Butter Lunch: Asian Noodles with Mixed Veggies & Pears Snack: Saltine Crackers	9 AM: Orange Slices Lunch: Cheese Pizza, Corn & Pineapples Snack: Chex Mix
12 AM: Toast with Butter Lunch: Spinach Lasagna & Orange slices Snack: Goldfish	13 AM: Orange Slices Lunch: Bean Burritos with Carrots & Mixed Fruit Snack: Ritz Crackers	14 AM: Cheerios Lunch: Soy Butter & Jelly Sandwich with Broccoli Snack: Veggie Sticks	15 AM: Toast with Butter Lunch: Mexican Rice with mixed veggies & Apples Snack: Popcorn	16 AM: Chex Mix Lunch: Thanksgiving Feast Veggie Patties, Sweet Potato wedges, Bloomin' Apples Snack: Goldfish
19 AM: Toast with Butter Lunch: Spaghetti with tomato sauce & Mixed Fruit Snack: Cheerios	20 AM: Autumn Parfait Lunch: Cilantro Lime Rice with Mixed Veggies & Peaches Snack: Graham Crackers	21 	22  HAPPY THANKSGIVING	23
26 AM: Apples Lunch: Penne Alfredo, Baked sweet potato wedges & Peaches Snack: Chex Mix	27 AM: Toast with Butter Lunch: Bean & Cheese Tostada with Salad & apples Snack: Saltine Crackers	28 AM: Bananas Lunch: Soy butter & jelly sandwich & Carrots Snack: Veggie Sticks	29 AM: Nilla Wafers Lunch: Cheese Quesadilla, Mixed Veggies & Grapes Snack: Popcorn	30 AM: Cheerios Lunch: Cheese Pizza, Corn & Pineapples Snack: Pretzels Plano