



# November

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>AM:</b> Graham Crackers <b>Lunch:</b> Spaghetti with tomato sauce & Apples <b>Snack:</b> Goldfish	2 <b>AM:</b> Cheerios <b>Lunch:</b> Cheese Pizza, Corn & Pineapples <b>Snack:</b> Pretzels
5 <b>AM:</b> Nilla Wafers <b>Lunch:</b> Grilled Cheese Sandwich, Carrots & Mixed Fruit <b>Snack:</b> Veggie Sticks	6 <b>AM:</b> Bananas <b>Lunch:</b> Pasta with Alfredo Sauce w/or w/o Grilled chicken, Steamed Broccoli & Peaches <b>Snack:</b> Graham Crackers	7 <b>AM:</b> Indian Sweets <b>Lunch:</b> Vegetarian Korma and Jasmine Rice & Apples <b>Snack:</b> Pretzels	8 <b>AM:</b> Toast with Butter <b>Lunch:</b> Asian Noodles with Mixed Veggies & Peas <b>Snack:</b> Saltine Crackers	9 <b>AM:</b> Orange Slices <b>Lunch:</b> Cheese Pizza, Corn & Pineapples <b>Snack:</b> Chex Mix
12 <b>AM:</b> Orange Slices <b>Lunch:</b> Bean Burritos with Carrots & Mixed Fruit <b>Snack:</b> Ritz Crackers	13 <b>AM:</b> Toast with Butter <b>Lunch:</b> Spinach Lasagna & Pears <b>Snack:</b> Goldfish	14 <b>AM:</b> Cheerios <b>Lunch:</b> Macaroni and Cheese, Green beans & Peaches <b>Snack:</b> Veggie Sticks	15 <b>AM:</b> Toast with Butter <b>Lunch:</b> Thai Curry Rice Sweet Peas & Orange Slices <b>Snack:</b> Ritz Crackers	16 <b>AM:</b> Chex Mix <b>Lunch:</b> Thanksgiving Feast Pasta with Alfredo Sauce, Mashed Potatoes & honey, Bloomin' Apples <b>Snack:</b> Goldfish
19 <b>AM:</b> Toast with Butter <b>Lunch:</b> Spaghetti with tomato sauce & Mixed Fruit <b>Snack:</b> Cheerios	20 <b>AM:</b> Autumn Parfait <b>Lunch:</b> Cilantro Lime Rice with Mixed Veggies & Bananas <b>Snack:</b> Graham Crackers	21 	22  HAPPY THANKSGIVING	23
26 <b>AM:</b> Apples <b>Lunch:</b> Pasta with Alfredo Sauce w/or w/o Grilled chicken, Steamed Broccoli & Peaches <b>Snack:</b> Chex Mix	27 <b>AM:</b> Toast with Butter <b>Lunch:</b> Bean & Cheese Tostada with Salad & apples <b>Snack:</b> Saltine Crackers	28 <b>AM:</b> Bananas <b>Lunch:</b> Thai Curry Rice, Sweet Peas & Watermelon <b>Snack:</b> Veggie Sticks	29 <b>AM:</b> Nilla Wafers <b>Lunch:</b> Cheese Quesadilla, Mixed Veggies & Mixed Fruit <b>Snack:</b> Animal Crackers	30 <b>AM:</b> Cheerios <b>Lunch:</b> Cheese Pizza, Corn & Pineapples <b>Snack:</b> Pretzels